



FOR IMMEDIATE RELEASE

Contact: Rebecca Perkins
(908) 419-2194
perkins@perkinspartnership.com

Healthier Somerset to Present
“Mental Health in the Workplace” on October 3, 2017

Somerville, NJ – September 20, 2017 – Donald J. Parker, President & CEO, Carrier Clinic will present **“Mental Health in the Workplace”** at Healthier Somerset’s annual Worksite Wellness Forum on **Tuesday, October 3** at Affinity Federal Credit Union, 73 Mountainview Blvd., Basking Ridge, NJ. Breakfast and networking begin at 8:30 a.m. The program begins at 9:00 a.m. and concludes at 10:00 a.m.

In his role at Carrier Clinic, Parker administers the largest independent, nonprofit Behavioral Health Hospital in New Jersey. He was recently named by NJBiz to the publication’s 2017 Power 50 Health Care list, a ranking of the most important, influential, successful and powerful individuals creating and influencing change within the healthcare industry in the state of New Jersey.

The program will also feature a panel on employee wellness best practices. Panelists include Sejal Davé Sharma, MPH, Operations Manager, Executive Health Department and Bloodless Medicine, RWJBH; Julia Hand, Senior Total Rewards Manager, Affinity; and Maryanne Minischetti APNC,LMFT,PhD, Clinical Director, Anew Wellness.

This event is free and open to the public. Advance registration is requested but not required. Online registration is available [here](#).

October is “Healthier Somerset Month” as designated by the Somerset County Board of Chosen Freeholders. Healthier Somerset is a coalition created to improve the health and well-being of everyone who lives and works in Somerset County. Healthier Somerset promotes healthy

----more----



HEALTHIER SOMERSET TO PRESENT MENTAL HEALTH 2222222222

lifestyles through collaboration among its partners. The coalition's strategic goals are to engage Somerset County in active participation in good health habits, increase access to choices that promote healthy lifestyles, and promote policy changes that improve health. Robert Wood Johnson University Hospital Somerset is a Platinum sponsor and Sanofi is a Gold sponsor of Healthier Somerset. For more information about Healthier Somerset, visit www.healthiersomerset.org.

#####